

IT STARTS WITH US ALL



Dear Allies and supporters,

Women Friendly Leeds in partnership with the Men's Health Unlocked Network are offering free places on our train the trainer course "Switch on to Women's Safety – Training for Men", due to be delivered from April onwards. (Dates TBC). **We want allies to help us deliver this vital training to men across the city by taking the course and becoming a trainer.** This opportunity has been funded by Safer Streets funding in partnership with Safer Leeds.

About the course: "**Switch on to Women's Safety – Training for Men**". The course aims to support participants feel empowered to "help girls and women feel safe and respected."

Based on a survey for Leeds women in 2021, with 1371 respondents, we learnt that most women and girls feel very unsafe in their everyday lives, in the city centre, in their local areas and a variety of other contexts. Women identified that men could be a part of the solution rather than the onus often being on women to address this issue.

"We need to work on changing men's attitudes towards women in the first place. I think there should be a push for initiatives and campaigns where men stand up and call other men out... To normalise calling someone out for even the small things that we usually dismiss, such as a rude comment or joke." Women's Safety Survey respondent

We also know that most men do not want women and girls to feel unsafe, and are willing to explore solutions to this issue.

"Women are getting harassed and abused and it helped me think about the types of actions I could take. I hadn't thought about this prior to the workshop" Male course member

Course Outcomes:

For all participants to:

- Develop their understanding of girls' and women's experiences on the subject of safety
- Explore ideas and solutions to address the issue of girls' and women's safety

This course focuses on the positive. It recognises that men, as allies care about the issue of women and girl's safety and want to be a part of the solution.

We are looking for male allies who have some experience of delivering training or workshops, and would like to be trained to deliver this workshop to other men. We also accept expressions of interest from female trainers who currently deliver sessions or workshops to men. The expectation for trainers is that you will deliver the course to a group of men at least once

Please see the attached flyer and email damian.dawtry@forumcentral.org.uk for more information, or to register your expression of interest, and we will contact you with potential course dates.

Thanks for your interest,

From the "Switch on to Women's Safety – Training for Men" team