

A CARERS JOURNEY: A FOCUS ON YOUR NEEDS AND EXPERIENCES.



Hello! My name is Tania Singla, a Trainee Clinical Psychologist at the University of Leeds.

I am looking for participants for my Doctoral research, looking into the needs and experiences of South-Asian carers

WHO CAN TAKE PART?

- People who identify as South-Asian (i.e. Indian, Pakistani, Bangladeshi, Sri Lankan, or mixed)
- Parent providing unpaid care for a child who is aged 18+ with a Learning Disability

WHAT WILL THE STUDY INVOLVE?

- A 45–90-minute interview with myself.
- The interview can be arranged face-to-face or online
- Access to an interpreter can be arranged if required

Your voice and your story are really important, and I want to listen to your experiences.

As a thank you for your participation, you will receive a £15 Love to Shop voucher!

If you would like more information or would like to take part, please email me at umtks@leeds.ac.uk